



**Epitome : International Journal
of Multidisciplinary Research**

ISSN : 2395-6968

Narratives of Empowerment: Examining the Intersection of Gender, Caste, and Spirituality in the Works of Women Saint Poets

Pramodkumar Jaybhaye,
Assistant Professor and Head,
Department of English,
Sant Ramdas Arts, Commerce and
Science College, Ghansawangi
pramodjaybhay@gmail.com

Abstract:

Narratives of Empowerment" is a phrase that speaks to the stories and expressions of individuals or groups who have overcome adversity, challenged oppressive structures, and reclaimed their agency. It encompasses the ways in which people find strength, resilience, and voice, often in the face of significant obstacles. This concept is central to understanding social change, personal growth, and the human capacity for transformation. In the context of research, especially concerning marginalized groups, "narratives of empowerment" emphasizes the need to move beyond portraying individuals as passive victims and instead focus on their resilience, agency, and strategies for resistance.

This research paper explores the narratives of empowerment found in the works of women saint poets, focusing on the intricate intersection of gender, caste, and spirituality. These poets, operating within historically patriarchal and caste-structured societies, utilized their spiritual expressions to challenge prevailing social norms

and assert their agency. Through an analysis of their poetry and biographical contexts, the paper demonstrates how these women redefined feminine spirituality, critiqued caste-based discrimination, and navigated the dual marginalization they faced. By reclaiming their voices and experiences, they created powerful narratives of resistance and transformation, leaving behind a legacy that continues to inspire contemporary discussions on gender equality and social justice. This study highlights the enduring significance of women saint poets as agents of social change and their profound contributions to spiritual and literary traditions.

Key Words: *Narratives of Empowerment- Intersection - Gender-Caste - Spirituality -Women Saint Poets*

