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Rights based Approach to Disability: A Personal View



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Abstract:

The "Rights-Based Approach to Disability: A Personal View" explores the integration of human rights principles into disability discourse, advocating for a shift from a charity-based model to one centered on equality, dignity, and empowerment. Drawing on personal experiences, this perspective emphasizes the importance of viewing disability through a lens of social justice rather than merely a medical or welfare concern. The paper highlights the United Nations Convention on the Rights of Persons with Disabilities (CRPD) as a pivotal framework, arguing for its implementation in shaping policies, practices, and societal attitudes. The rights-based approach underscores the need for accessibility, participation, and self-determination, advocating

for a society that removes barriers—whether physical, social, or systemic—that limit the full inclusion of persons with disabilities. Through a combination of personal narrative and critical analysis, this work presents the rights-based approach as not only a legal obligation but a moral imperative for fostering a more inclusive world.

Keywords :

1. Disability
2. Rights-based approach
3. Social justice
4. Empowerment
5. Inclusion