



## Epitome : International Journal of Multidisciplinary Research

ISSN : 2395-6968

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### ROLE OF SPORTS AND PHYSICAL EDUCATION IN THE MAKING OF AN IDEAL CITIZEN



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#### **ABSTRACT**

*The fate of any country depends on the citizens of that country. As is the attitude of most citizens, the image of the country is. In essence, citizens of every country are a reflection of that country. So if you want to make that country an ideal, then the citizen of the country should be the model first. What is the ideal citizen? What efforts should be made to create an ideal citizen? The researcher selected the exact problem and prepared a suitable research plan on what to do. The researcher first tried to understand the meaning of the ideal citizen in the research problem by studying the terms available in the library. The researcher used secondary tools to study the research problem in detail. The researcher went to the library of Shri Venkatesh*

*College Delagaon Raja, Dr. Babasaheb Ambedkar Marathwada University Aurangabad and studied the available books, Encyclopedia, and learned about the importance of sports and physical education in making them an ideal citizen. Secondary tools were used for data collection. Data analysis was performed after the data collection was completed. Conclusions were drawn after the analysis.*

#### **KEYWORDS**

*Nation, Education, Sports, Physical Education, Citizen*