



**SCREENING OF MYCOFLORA ASSOCIATED WITH MARKET
DISEASES OF BANANA (*MUSA PARADISICA*)**



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ABSTRACT

Fruits are best source of carbohydrates, antioxidants like vit-C, vit-E, vit- A & zinc, selenium, lycopene etc. There are reports from different parts of world that antioxidants play important role in antiaging process. Human body requires different types of essential amino acids all such amino acid are present in fruits. Amino acids prevent infections of pathogens.

Fruits improve overall health of human beings. Strong immune system increases resistance power towards different types of diseases. Fruits provide all types of minerals that are required to our body. The nutritionists placed fruits and green vegetables on the top because; fruits contain all types of essential ingredients which are required for healthy living being. Fruits contain 50-90% moisture.

KEYWORDS

Mycoflora, Market Diseases of Banana (*Musa Paradisica*)